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Mon, 08 Oct 2018 00:08:00 GMT - The ketogenic diet is a high-fat, adequate-protein, low-carbohydrate diet that in medicine is used primarily to treat difficult-to-control (refractory) epilepsy in children. The diet forces the body to burn fats rather than carbohydrates. Normally, the carbohydrates contained in food are converted into glucose, which is then transported around the body and is particularly important in fueling ...

Ketogenic diet - Wikipedia -

Wed, 10 Oct 2018 23:21:00 GMT - The goal with the Ketogenic Diet is to turn the body into a fat burning system by the foods you decide to energize it with. So what exactly are ketones? Ketones are little molecules of energy that are created in the liver from fat. They are used to fuel the body and the brain as they travel through the body.

Ketogenic Diet Review - Is It Effective ... -

Wed, 10 Oct 2018 04:37:00 GMT - The 3-Week Ketogenic Diet is a simple, science-based diet that is 100% guaranteed to melt 7-19 pounds of stubborn body fat.

(3) The 3-Week Ketogenic Diet | Official Website | Lose ... -

Mon, 10 Oct 2016 11:46:00 GMT - The Epilepsy Foundation is your unwavering ally on your journey with epilepsy and seizures. The Foundation is a community-based, family-led organization dedicated to improving the lives of all people impacted by seizures. We are here for you.

Epilepsy Foundation -

Thu, 11 Oct 2018 23:20:00 GMT - 10 Critical Ketogenic Diet Tips A ketogenic diet is a very low carbohydrate, moderate protein and high fat based nutrition plan. A ketogenic diet trains the individual's metabolism to run off of fatty acids or ketone bodies. This is called fat adapted, when the body has adapted to run off of fatty acids/ketones at rest.

10 Critical Ketogenic Diet Tips For Best Results ... -

Thu, 11 Oct 2018 04:00:00 GMT - The ketogenic diet is one treatment option for children with epilepsy whose seizures are not controlled with AEDs. The diet may help to reduce the number or severity of seizures and can often have positive effects on behaviour.

Ketogenic diet for epilepsy | Epilepsy Society -

Thu, 11 Oct 2018 08:04:00 GMT - A Ketogenic Diet's Connections with Cholesterol. About 32% of men and 13% of women in the US suffer from low levels of HDL cholesterol. [10] Additionally, the majority of Americans do not have HDL cholesterol levels high enough to decrease the risk of cardiovascular illness.

The Ketogenic Diet and Cholesterol | Ruled Me -

Wed, 10 Oct 2018 00:12:00 GMT - Cardiovascular disease (CVD) is the leading cause of death worldwide 1. Because of its prevalence and life-threatening nature, and because it appears that a keto diet is likely to reverse it, we consider it one of the most important conditions to discuss here.

The Ketogenic Diet Reverses Indicators of Heart Disease -

Mon, 31 Dec 2012 23:53:00 GMT - This article is your resource page for Healthy Ketosis, where Dr. Berg takes you step-by-step on how ketosis works, what to eat, what not to eat, teaching you amazing ketogenic recipes and desserts.

Ketogenic Diet Plan Overview - drberg.com -

- A ketogenic diet is one in which carbohydrates, and to a lesser extent, protein are restricted in the diet and replaced with fat.

An Introduction: A Ketogenic Diet for Cancer - Caveman Doctor -

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