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Wed, 11 Jul 2018 11:19:00 GMT - An omega³ fatty acid is a fatty acid with multiple double bonds, where the first double bond is between the third and fourth carbon atoms from the end of the carbon atom chain.

Omega-3 fatty acid - Wikipedia -

Sun, 14 Mar 2010 23:56:00 GMT - Frank Jennings Tipler (born February 1, 1947) is an American mathematical physicist and cosmologist, holding a joint appointment in the Departments of Mathematics and Physics at Tulane University.

Frank J. Tipler - Wikipedia -

Mon, 09 Jul 2018 20:39:00 GMT - Nuts have gotten a surprising amount of flack as of late. Many nuts have a fairly high PUFA content, and most of that PUFA is Omega-6, which is the bad one. It's easily oxidized, highly unstable for cooking, usually rancid on the shelf, and, thanks to government farm subsidies and public hysteria over animal fat,

Nuts and Omega 6 Fats - Mark's Daily Apple -

Mon, 15 Aug 2011 15:57:00 GMT - November 2008 Issue. Holy Mackerel! Go Fish for an Ocean of Omega-3 Benefits By Diane Welland, MS, RD Today's Dietitian Vol. 10 No. 11 P. 28

Holy Mackerel! Go Fish for an Ocean of Omega-3 Benefits -

Tue, 10 Jul 2018 16:49:00 GMT - 84 thoughts on "Dear Mark: Hempseed, Too Much Omega-3, and Vitamin D's Halflife"