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Wed, 10 Oct 2018 16:33:00 GMT - Binge-watching, also called binge-viewing or marathon-viewing, is the practice of watching television for a long time span, usually a single television show. In a survey conducted by Netflix in February 2014, 73% of people define binge-watching as "watching between 2-6 episodes or more of the same TV show in one sitting." Researchers have argued that binge-watching should be defined based on ...

Binge-watching - Wikipedia -

Fri, 12 Oct 2018 21:46:00 GMT - Binge eating is a pattern of disordered eating which consists of episodes of uncontrollable eating. It is a common symptom of eating disorders such as binge eating disorder and bulimia nervosa. During such binges, a person rapidly consumes an excessive quantity of food. A diagnosis of binge eating is associated with feelings of loss of control. Binge Eating treatment includes therapy and other ...

Binge eating - Wikipedia -

Fri, 12 Oct 2018 10:40:00 GMT - A guide to using the Binge Eating Disorder Screener-7 (BEDS-7) This patient-reported screener is designed to help you quickly and simply screen adults whom you

Binge Eating Disorder Screener-7 (BEDS-7) - vyvansepro.com -

Wed, 10 Oct 2018 09:09:00 GMT - Binge Drinking. Binge drinking is a serious but preventable public health problem.. Binge drinking is the most common, costly, and deadly pattern of excessive alcohol use in the United States. 1,2,3 The National Institute on Alcohol Abuse and Alcoholism defines binge drinking as a pattern of drinking that brings a person's blood alcohol concentration (BAC) to 0.08 grams percent or above.

CDC - Fact Sheets-Binge Drinking - Alcohol -

Wed, 10 Oct 2018 15:14:00 GMT - Binge Eating Disorder: Nutrition Therapy Kelly Stellato MS, RD, LDN Registered and Licensed Dietitian/Nutritionist 413-582-0100 kstellato@waldenbehavioralcare.com

Binge Eating Disorder: Nutrition Therapy -

Thu, 10 Oct 2013 23:54:00 GMT - Binge eating disorder is the most common type of eating disorder in the United States. People with binge eating disorder often feel out of control and eat a large amount of food at one time (called a binge).

Binge eating disorder | womenshealth.gov -

Fri, 12 Oct 2018 11:52:00 GMT - Binge drinking is a dangerous behavior but is not widely recognized as a women's health problem. Drinking too much "including binge drinking" results in about 23,000 deaths in women and girls each year.

Binge Drinking | VitalSigns | CDC -

Wed, 10 Oct 2018 14:39:00 GMT - Comprehensive and cutting edge resource for information and evidence-based policies, programs and practices to effectively reduce binge drinking across Californias culturally diverse youth population.

Preventing Adolescent Binge Drinking: -

Sun, 14 Oct 2018 19:13:00 GMT - Official alcohol unit guidance recommends that to keep the risk from alcohol low both men and women should not regularly drink more than 14 units a week. If you do choose to drink, it is best

to spread your drinks evenly throughout the week. So what does that mean for single-session drinking, or binge drinking?

Binge drinking | Drinkaware -

- Control binge eating and get on the path to recovery. Overcoming Binge Eating for Dummies provides trusted information, resources, tools, and activities to help you and your loved ones understand your binge eating and gain control over it.

Overcoming Binge Eating For Dummies: Jennie Kramer ... -

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